

## PICKLEBALL BASIC RULES-STUDY GUIDE

- Played on a badminton court using the outer boundary lines
- **Serve** using an underhand serve, keeping paddle below the waist and wrist
- serve from behind the baseline and you may take one step into the court
- serve diagonally across court into the proper service box
- ball must land beyond the service line or non volley zone
- always **start** the serve on the **right hand side** no matter who is on that side
- **Double Bounce Rule** – ball must bounce on the receiving serve side and again on the serving side before volleying can take place.
- **Non-Volley Zone** – no one may stand inside the non-volley zone and hit a volley.
- The player's feet may not be in the non-volley zone if the ball is to be volleyed; however, you may go in the zone quickly to get a ball that bounces in the zone.
- You may only score points when you are serving.
- **Serving**-Each player on a doubles team serves until each has faulted, except for the first half of the first inning only the first server may serve until a fault is made then the opposing team (both servers) will serve.
- Each player is allowed one serve.
- Each game is played to 11 points but you must win by 2 points.
- **History**-The game is called pickleball from a family in Seattle, Washington who made up the game and named it after their dog Pickles.
- A match is 2 out of 3 games.
- Lines are always good!